

# Gunnison Valley Calendar

**WHO? WHAT? WHEN? WHERE? WHY? HOW?**

**THIS WEEK ONLY March 21 - 28, 2018**

**MARCH**  
 22 5:00 PM Introduction to Molecular Gastronomy Culinary Class with the Center for the Arts. 970-349-1775.  
 22 6:30 PM Doors/7:00 PM - Oscar Short Films Nights - Documentaries: Black Box Theatre.  
 23 5:30 PM Mud Wrestling Pottery Class at the Art Studio of the Center for the Arts.  
 23 6:00 - 9:00 PM Friday Night Fish Fry - Queen of All Saints, Parish Hall  
 23 6:30 PM Doors/7:00 PM - Oscar Short Films Nights - Live Action: Black Box Theatre.  
 24 6:30 PM Doors/7:00 PM - Oscar Short Films Nights - Animation: Black Box Theatre.  
 26 5:45 PM - Paradise Place Preschool Spring Art Show Reception at the Piper Gallery of the Centre for the Arts  
 27 5:30 PM Cocktails & Canvases: Contemporary Rabbit. at the Center for the Arts Lobby & Bar.  
 27 5:30 PM CB Museum/Sustainable CB/Wedding Guide Business After Hours Crested Butte Mtn. Heritage Museum, 331 Elk Ave, Crested Butte, Colorado 81224  
 28 9:00 AM Open Wheel Throwing at the Art Studio of the

Center for the Arts.  
 28 1:00 PM Documentary: "The Lady in Number 6", presented by the Gunnison County Resource Center.  
**DAILY**  
 • Alcoholics Anonymous, Open, Wednesdays, 7:00 p.m. 114 N Wisconsin, Gunnison, aawesterncolorado.org  
 • Alanon/Alateen Crested Butte, 7:00 p.m. Wednesdays, The UCC Church Parlor, 403 Maroon Ave. Crested Butte alanon.org  
**MONTHLY**  
 • NARCOTICS ANONYMOUS MEETING in Crested Butte on the 1st & 3rd Sunday of every month at noon at UCC 403 Maroon. Closed meeting for addicts only.  
 • TALK TO A LAWYER FOR FREE: Colorado Legal Services - Thursday Night Bar (legal advice clinic), First Thursday of each month at the New location: GUNNISON LIBRARY, 307 N. Wisconsin, Gunnison, 5:30 p.m. Call Ellen for info. 970-641-7999  
 • Support Group for Neuropathy, 1st Tuesday of the Month 1:00 p.m. at Church of Nativity  
 • Philosophy on tap Discussion Group, 1st Wednesday Monthly Topic & Venue TBA monthly. Brought to you by Crested Butte Library & The Gunnison Library

- MOPS (Mothers of Preschoolers) 1st & 3rd Wednesdays of the month, Webster Hall gunnisonmops@gmail.com
- Coffee with the Community at Gunnison Library 8:30 - 10:00 a.m.
- TAIZE SERVICE is held the 1st Wednesday of the Month. 7:00 p.m. Church of the Good Samaritan, 307 West Virginia.
- Socrates Café discussion group - Discuss. Think. Ponder. Join the Gunnison Library for its monthly philosophical discussion.
- 2nd Wednesday of the month. Topics change on a monthly basis. All are welcome.
- Alzheimer's Association - 4th Tuesday of the month from 12:00-1:00, support groups/ educational programs at the senior center/ rec center.
- Fourth Wednesday of each month Book Discussion Group "Reading for Justice" Gunnison Congregational Church Office
- Knights of Columbus will meet the 2nd and 4th Tuesday of every month at Parish Hall
- The American Legion, 501 E. Virginia Ave., meets every 3rd Wednesday of the month 6:00 p.m. Claire 209-6042, Ed 596-7883, Larry 641-0172.

**WEEKLY HAPPENINGS:**

**Wednesday**  
 • 6:00 a.m. Colorado Fitness: Spin with Jane  
 • 8:45 a.m. High Attitude Dance Academy - ZUMBA  
 • 9:00 a.m. Vinyasa Yoga with Leia at Sanctuary Somatics  
 • 9:30 a.m. Mah Jong at the Senior Center  
 • 10:00 a.m. Wednesdays-Bilingual (English/Spanish) Storytime at Gunnison Library.  
 • 10:00 a.m. Jai Yoga: Gentle Yoga Therapy 320 1/2 N. Main Street www.gunnison-yoga.com  
 • 10:15 a.m. Chair Yoga with Leia at Sanctuary Somatics  
 • 12:00 p.m. Colorado Fitness: In"ten"sity and Stretch  
 • 12:15 p.m. INSANITY LIVE's at WSCU Fieldhouse  
 • 12:45 p.m. Bridge at the Senior Center  
 • 1:00 - 4:00 p.m. Gunnison Country Food Pantry, 321 N. Main St #C, Gunnison. 970-641-4156.  
 • 4:00 p.m. Colorado Fitness: Boot Camp Blocks, Bricks  
 • 4:00 p.m. Boxing training: Beginners age 9 & up. WSCU Mears Hall Basement Coach Tom 303-881-7778  
 • 5:00 p.m. Project Hope host support groups for survivors of Relationship Violence every Wednesday for more information please call 970-641-2712.  
 • 5:15 p.m. Buti Yoga with Tarah Niccoli-Taylor: GAC Dance Studio.  
 • 5:30 p.m. Jai Yoga to relieve tension, 320 1/2 Main Street clinic Studio  
 • 5:45 p.m. Colorado Fitness: Spin with Jennifer  
 • 6:00 p.m. GUIDED MEDITATION AND DHARMA talk at Here & Now Center 115 S. Colorado St.  
 • 6:00 p.m. Meditation with Heidi at Sanctuary Somatics  
 • 7:00 p.m. GriefShare meets at Mt. Calvary Lutheran Church, 711 N. Main, Gunnison, Rodney Morrill 970-349-7769.  
 • 7:15 p.m. Intergrated Vinyasa with Keela at Sanctuary Somatics  
**Thursday**  
 • 6:00 a.m. Colorado Fitness: Total Body Conditioning W/ Debby  
 • 6:00 a.m. Main Street Studio: Early Bird RedCord suspension training class. westernpilates.net  
 • 8:00 - 8:45 a.m. Center for the Arts: Aerial Conditioning - Crested Butte Dance Collective 970-349-7487.  
 • 8:00 a.m. Iyengar Yoga of Gunnison at The Main Street Clinic 320 N. Main  
 • 8:30-10:30 a.m. English Classes: beginners and intermediate students 970-641-7684.  
 • 8:45 a.m. Colorado Fitness: Body Bar w/Erin  
 • 8:45 a.m. Center for the Arts: Open Aerial Dance  
 • 9:00 a.m. Intergrated Vinyasa with Karah at Sanctuary Somatics  
 • 10:00 a.m. - 2:00 p.m. Senior's Day 65+, Gunnison Country Food Pantry, 321 N. Main St., #C, Gunnison. 970-641-4156.  
 • 12:00 p.m. Colorado Fitness: Boot Camp Bricks  
 • 4:00 p.m. Boxing training: Beginners age 9 & up

WSCU Mears Hall Basement Coach Tom 303-881-7778  
 • 4:15 p.m. Restorative Yoga at Sanctary Somatics  
 • 5:30 p.m. Main Street Studio: Pilates, 320 1/2 N Main St.  
 • 5:30 p.m. Colorado Fitness: DVD Group Spin Ride  
 • 6:30 p.m. Gunnison Political Revolutionat The Mall, 123 W. Tomichi  
 • 6:30 - 8:00 p.m. Colorado Fitness: Lamaze. Call Ariel for details 970-275-3749.  
**Friday**  
 • 6:00 a.m. Colorado Fitness: Boot Camp Blocks or Brick, Spartan Strong  
 • 8:00 - 8:45 a.m. Center for the Arts: Aerial Conditioning - Crested Butte Dance Collective 970-349-7487.  
 • 8:45 a.m. High Attitude Dance Academy: ZUMBA  
 • 8:45 - 9:30 a.m. Center for the Arts: Open Aerial Dance - Crested Butte Dance Collective  
 • 9:00 - 9:45 a.m. The Sanctuary: Joy of Movement w/Taylor.  
 • 9:30 a.m. Mah Jong at the Senior Center  
 • 12:00 p.m. - Colorado Fitness: Bleacher B\*tches, Bleachers or DVD  
 • 1:00 p.m. Seniors Mexican Train Dominoes at Boomers Room in the Gunnison Rec Center, more info. Leila 970-596-4570  
**Saturday**  
 • 8:00 a.m. Iyengar Yoga of Gunnison at The Main Street Clinic 320 N. Main  
 • 9:00 a.m. Kundalini Yoga with Dana at Sanctuary Somatics  
 • 9:30 a.m. FREE Community Zumba w/ Baron at Colorado Fitness  
 • 9:30 a.m. Alcoholics Anonymous, Women's.  
 • 10:00 a.m. - 2:00 p.m. Gunnison Clothing Project In alley West of N. 10th St. between Virginia & W Tomichi. Donations welcome.  
 • 10:00 a.m. Seventh-day Adventist Church Saturday Praise and Worship Bible discussion & kids programing 11:00 a.m. 77 Ute Lane, 970-209-7911 or 970-234-2336.  
 • 10:30 a.m. Yoga en Espanol (gratis) with Dana at Sanctuary Somatics  
**Sunday**  
 • 10:00 a.m. Gunnison Congregational Church, United Church of Christ. 101 N. 8th Street. For information 970-641-3203.  
**Monday**  
 • 6:00 a.m. Colorado Fitness: Spin w/Joellen  
 • 8:05 a.m. Jim Kirshner from 580 KUBC in Montrose is talking to area residents from Montrose, Delta & Gunnison counties on agriculture related topics.  
 • 8:30 - 9:00 a.m. Morning Meditation w/Leia, The Sanctuary  
 • 8:00 a.m. Main Street Studio: RedCord Suspension training.  
 • 8:45 a.m. High Attitude Dance Academy - ZUMBA  
 • 9:30 a.m. Mah Jong at the Senior Center  
 • 10:00 a.m. Jai Yoga: Gentle Yoga Therapy 320 1/2 N.

Main Street www.gunnison-yoga.com  
 • 12:00 p.m. - Colorado Fitness: Abs & Buns w/ Jane  
 • 12:15 p.m. Main Street Studio: Express Core Workout  
 • 12:45 p.m. Bridge at the Senior Center  
 • 2:00 p.m. Free Meditation For All with Virignia at Sanctuary Somatics  
 • 4:00 p.m. Colorado Fitness: Boot Camp Bricks Or Bleacher B\*tches, Spartan Strong  
 • 4:00 p.m. Boxing training: Beginners age 9 & up WSCU Mears Hall Basement Coach Tom 303-881-7778  
 • 4:15 p.m. Mellow Monday with Meegan at Sanctuary Somatics  
 • 5:15 p.m. High Attitude Dance Academy - ZUMBA  
 • 5:45 p.m. Colorado Fitness: Spin with Brandi  
 • 5:45 p.m. Kundalini Yoga with Jani Pulaskiat Sanctuary Somatics  
 • 6:00 - 8:00 p.m. Beginning English classes, Gunnison Community School w/Therese Trantow.  
 • 6:00 p.m., YOGA TECHNIQUE & FLOW with Stacy Fuller Taylor Hall room #117 (4/16/18)  
 • 1:00 p.m. - 4:00 p.m. Gunnison Country Food Pantry, 321 N. Main St #C, Gunnison. 970-641-4156.  
 • 5:30 p.m. Jai Yoga to relieve tension, 320 1/2 Main Street clinic Studio  
 • 6:00 - 8:00 p.m. English classes: Gunnison Elementary School, CAFE 970-641-7684.  
**Tuesday**  
 • 6:00 a.m. Colorado Fitness: Boot Camp Bricks or Blocks, bricks  
 • 7:00 a.m. Iyengar Yoga of Gunnison at The Main Street Clinic 320 N. Main  
 • 8:30 - 10:30 a.m. English Classes 970-641-7684 for information.  
 • 8:45 a.m. Colorado Fitness: Spin w/Travis  
 • 9:00 a.m. Intergrated Vinyasa with Karah at Sanctuary Somatics  
 • 10:00 a.m. Parent & Toddler Morning Gardening Class from Mountain Roots. in Bill's Park Georgia & 14th  
 • 10:00 a.m. - 2:00 p.m. Gunnison Clothing Project In alley West of N. 10th St. between Virginia & W Tomichi. Donations welcome.  
 • 10:30 a.m. Qigong with Heidi at Sanctuary Somatics  
 • 12:00 p.m. Colorado Fitness: Boot Camp Blocks, Spartan Strong  
 • 4:00 p.m. Competitive Marbles Club at WSCU Chipeta Hall, Jerry 970-641-0944  
 • 4:00 p.m. Boxing training: Beginners age 9 & up, WSCU Mears Hall Basement Coach Tom 303-881-7778  
 • 5:30 p.m. Colorado Fitness: DVD Group Spin Ride  
 • 6:00 p.m. Celebrate Recovery Meetings, Oh Be Joyful Church, Crested Butte.  
 • 7:30 p.m. BINGO the Elks Lodge, Gunnison  
 • 7:00 - 7:45 p.m. Center for the Arts: Aerial Conditioning - Crested Butte Dance Collective 970-349-7487

**There are millions of healthy, adoptable pets needing homes. All shapes, sizes, colors, ages, breeds and mixes.**



**With so many to choose from, why not adopt?! Call Gunnison Underdog Rescue at 970.209.7030 to find out how.**