

Gunnison Valley Calendar

WHO? WHAT? WHEN? WHERE? WHY? HOW?

THIS WEEK ONLY May 23 - 30, 2018
May
 22&23 6:00 PM Auditions "Comedy is Hard" at The GAC Black Box Theatre
 22 6:30-8:00 Stephen Otero Veterans Services Officer for a talk about veterans benefits in our community at the Crested Butte Library.
 23 1:30-2:30 Come Join Stephen Otero Veterans Services Officer for a talk about veterans benefits in our community at the Gunnison Community Center
 24 7 doors/7:30 PM Crested Butte Theatre Improv Troupe "Subject to Change" at the GAC, Black Box theatre
 24 7:00 PM Mayfield & The Vandits at the IBar Ranch Summer kick off
 25 10 AM - 6 PM DailyCrested Butte Hertiage Museum Opens for Summer
 26 - 27 8 AM The Original Growler Endurance Bike Races
 26 5:00 PM Henna & Floats, Teen AND Series at The GAC
 27 10 AM - 2 PM Crested Butte Farmer's Market Opens for the Summer Sundays Elk Ave., CB (10/7)
 28 Memorial Day

29 6:00 PMPallet Party With Junk n' Sisters - Spring Season & Welcome Signs at The GAC
DAILY
 • Alcoholics Anonymous, Open, Wednesdays, 7:00 p.m. 114 N Wisconsin, Gunnison, aawesterncolorado.org
 • Alanon/Alateen Crested Butte, 7:00 p.m. Wednesdays, The UCC Church Parlor, 403 Maroon Ave. Crested Butte alanon.org
MONTHLY
 • NARCOTICS ANONYMOUS MEETING in Crested Butte on the 1st & 3rd Sunday of every month at noon at UCC 403 Maroon. Closed meeting for addicts only.
 • TALK TO A LAWYER FOR FREE: Colorado Legal Services - Thursday Night Bar (legal advice clinic), First Thursday of each month at the New location: GUNNISON LIBRARY, 307 N. Wisconsin, Gunnison, 5:30 p.m. Call Ellen for info. 970-641-7999
 • Support Group for Neuropathy, 1st Tuesday of the Month 1:00 p.m. at Church of Nativity
 • Philosophy on tap Discussion Group, 1st Wednesday Monthly Topic & Venue TBA monthly. Brought to you by Crested Butte Library & The Gunnison Library

- MOPS (Mothers of Preschoolers) 1st & 3rd Wednesdays of the month, Webster Hall gunnisonmops@gmail.com
- Coffee with the Community at Gunnison Library 8:30 - 10:00 a.m.
- TAIZE SERVICE is held the 1st Wednesday of the Month. 7:00 p.m. Church of the Good Samaritan, 307 West Virginia.
- Socrates Café discussion group - Discuss. Think. Ponder. Join the Gunnison Library for its monthly philosophical discussion. 2nd Wednesday of the month. Topics change on a monthly basis. All are welcome.
- Alzheimer's Association - 4th Tuesday of the month from 12:00-1:00, support groups/ educational programs at the senior center/ rec center.
- Fourth Wednesday of each month Book Discussion Group "Reading for Justice" Gunnison Congregational Church Office
- Knights of Columbus will meet the 2nd and 4th Tuesday of every month at Parish Hall
- The American Legion, 501 E. Virginia Ave., meets every 3rd Wednesday of the month 6:00 p.m. Claire 209-6042, Ed 970-596-7883, Larry 970-641-0172.

WEEKLY HAPPENINGS:

Wednesday

- 6:00 a.m. Colorado Fitness: Spin with Jane
- 8:45 a.m. High Attitude Dance Academy - ZUMBA
- 9:00 a.m. Vinyasa Yoga with Leia at Sanctary Somatics
- 9:30 a.m. Mah Jong at the Senior Center
- 10:00 a.m. Wednesdays-Bilingual (English/Spanish) Storytime at Gunnison Library.
- 10:00 a.m. Jai Yoga: Gentle Yoga Therapy 320 1/2 N. Main Street www.gunnison-yoga.com
- 10:15 a.m. Chair Yoga with Leia at Sanctary Somatics
- 12:00 p.m. Colorado Fitness: In"ten"city and Stretch
- 12:15 p.m. INSANITY LIVE's at WSCU Fieldhouse
- 12:45 p.m. Bridge at the Senior Center
- 1:00 - 4:00 p.m. Gunnison Country Food Pantry, 321 N. Main St #C, Gunnison. 970-641-4156.
- 4:00 p.m. Colorado Fitness: Boot Camp Blocks, Bricks
- 4:00 p.m. Boxing training: Beginners age 9 & up. WSCU Mears Hall Basement Coach Tom 303-881-7778
- 5:00 p.m. Project Hope host support groups for survivors of Relationship Violence every Wednesday for more information please call 970-641-2712.
- 5:00 p.m. Wednesday Night Trap Shooting, Standard 16-yard and Handicap For directions to the range, see our website: <http://www.gunnisonsportsmens.com>
- 5:15 p.m. Buti Yoga with Tarah Niccoli-Taylor: GAC Dance Studio.
- 5:15 p.m. - 6:15 p.m. PPD support group From . At the lighthouse pregnancy center. Please contact Laura for more details 805-708-2823 (5/23)
- 5:30 p.m. Jai Yoga to relieve tension, 320 1/2 Main Street clinic Studio
- 5:45 p.m. Colorado Fitness: Spin with Jennifer
- 6:00 p.m. GUIDED MEDITATION AND DHARMA talk at Here & Now Center 115 S. Colorado St.
- 6:00 p.m. Meditation with Heidi at Sanctary Somatics
- 7:00 p.m. GriefShare meets at Mt. Calvary Lutheran Church, 711 N. Main, Gunnison, Rodney Morrill 970-349-7769.
- 7:15 p.m. Intergrated Vinyasa with Keela at Sanctary Somatics

Thursday

- 6:00 a.m. Colorado Fitness: Total Body Conditioning W/ Debby
- 6:00 a.m. Main Street Studio: Early Bird RedCord suspension training class. westernpilates.net
- 8:00 - 8:45 a.m. Center for the Arts: Aerial Conditioning - Crested Butte Dance Collective 970-349-7487.
- 8:00 a.m. Iyengar Yoga of Gunnison at The Main Street Clinic 320 N. Main
- 8:30-10:30 a.m. English Classes: beginners and intermediate students 970-641-7684.
- 8:45 a.m. Colorado Fitness: Body Bar w/Erin
- 8:45 a.m. Center for the Arts: Open Aerial Dance
- 9:00 a.m. Intergrated Vinyasa with Karah at Sanctary Somatics
- 10:00 a.m. - 2:00 p.m. Senior's Day 65+, Gunnison Country Food Pantry, 321 N. Main St., #C, Gunnison. 970-641-4156.

- 12:00 p.m. Colorado Fitness: Boot Camp Bricks
- 4:00 p.m. Boxing training:Beginners age 9 & up WSCU Mears Hall Basement Coach Tom 303-881-7778
- 4:15 p.m. Restorative Yoga at Sanctary Somatics
- 5:30 p.m. Main Street Studio: Pilates, 320 1/2 N Main St.
- 5:30 p.m. Colorado Fitness: DVD Group Spin Ride
- 6:30 p.m. Gunnison Political Revolutionat The Mall, 123 W. Tomichi
- 6:30 - 8:00 p.m. Colorado Fitness: Lamaze. Call Ariel for details 970-275-3749.

Friday

- 6:00 a.m. Colorado Fitness: Boot Camp Blocks or Brick, Spartan Strong
- 8:00 - 8:45 a.m. Center for the Arts: Aerial Conditioning - Crested Butte Dance Collective 970-349-7487.
- 8:45 a.m. High Attitude Dance Academy: ZUMBA
- 8:45 - 9:30 a.m. Center for the Arts: Open Aerial Dance - Crested Butte Dance Collective
- 9:00 - 9:45 a.m.The Sanctuary: Joy of Movement w/Taylor.
- 9:30 a.m. Mah Jong at the Senior Center
- 12:00 p.m. - Colorado Fitness: Bleacher B*tches, Bleachers or DVD
- 1:00 p.m. Seniors Mexican Train Dominoes at Boomers Room in the Gunnison Rec Center, more info. Leila 970-596-4570

Saturday

- 8:00 a.m. Iyengar Yoga of Gunnison at The Main Street Clinic 320 N. Main
- 9:00 a.m. Kundalini Yoga with Dana at Sanctary Somatics
- 9:30 a.m. FREE Community Zumba w/ Baron at Colorado Fitness
- 9:30 a.m. Alcoholics Anonymous, Women's.
- 10:00 a.m. - 2:00 p.m. Gunnison Clothing Project In alley West of N. 10th St. between Virginia & W Tomichi. Donations welcome.
- 10:00 a.m. Seventh-day Adventist Church Saturday Praise and Worship Bible discussion & kids programing 11:00 a.m. 77 Ute Lane, 970-209-7911 or 970-234-2336.
- 10:30 a.m. Yoga en Espanol (gratis) with Dana at Sanctary Somatics

Sunday

- 10 AM - 2 PM Crested Butte Farmer's Market Opens for the Summer Sundays Elk Ave., CB (10/7)
- 10:00 a.m. Gunnison Congregational Church, United Church of Christ. 101 N. 8th Street. For information 970-641-3203.

Monday

- 6:00 a.m. Colorado Fitness: Spin w/Joellen
- 8:05 a.m. Jim Kirshner from 580 KUBC in Montrose is talking to area residents from Montrose, Delta & Gunnison counties on agriculture related topics.
- 8:30 - 9:00 a.m. Morning Meditation w/Leia, The Sanctuary
- 8:00 a.m. Main Street Studio: RedCord Suspension training.
- 8:45 a.m. High Attitude Dance Academy - ZUMBA

- 9:30 a.m. Mah Jong at the Senior Center
- 10:00 a.m. Jai Yoga: Gentle Yoga Therapy 320 1/2 N. Main Street www.gunnison-yoga.com
- 12:00 p.m. - Colorado Fitness: Abs & Buns w/ Jane
- 12:15 p.m. Main Street Studio: Express Core Workout
- 12:45 p.m. Bridge at the Senior Center
- 2:00 p.m. Free Meditation For All with Virignia at Sanctary Somatics
- 4:00 p.m. Colorado Fitness: Boot Camp Bricks Or Bleacher B*tches, Spartan Strong
- 4:00 p.m. Boxing training: Beginners age 9 & up WSCU Mears Hall Basement Coach Tom 303-881-7778
- 4:15 p.m. Mellow Monday with Meegan at Sanctary Somatics
- 5:15 p.m. High Attitude Dance Academy - ZUMBA
- 5:45 p.m. Colorado Fitness: Spin with Brandi
- 5:45 p.m. Kundalini Yoga with Jani Pulaskiat Sanctary Somatics
- 6:00 - 8:00 p.m. Beginning English classes, Gunnison Community School w/Therese Trantow.
- 6:00 p.m., YOGA TECHNIQUE & FLOW with Stacy Fuller Taylor Hall room #117 (4/16/18)
- 1:00 p.m. - 4:00 p.m. Gunnison Country Food Pantry, 321 N. Main St #C, Gunnison. 970-641-4156.
- 5:30 p.m. Jai Yoga to relieve tension, 320 1/2 Main Street clinic Studio
- 6:00 - 8:00 p.m. English classes: Gunnison Elementary School, CAFE 970-641-7684.

Tuesday

- 6:00 a.m. Colorado Fitness: Boot Camp Bricks or Blocks, bricks
- 7:00 a.m. Iyengar Yoga of Gunnison at The Main Street Clinic 320 N. Main
- 8:30 - 10:30 a.m. English Classes 970-641-7684 for information.
- 8:45 a.m. Colorado Fitness: Spin w/Travis
- 9:00 a.m. Intergrated Vinyasa with Karah at Sanctary Somatics
- 10:00 a.m. Parent & Toddler Morning Gardening Class from Mountain Roots. in Bill's Park Georgia & 14th
- 10:00 a.m. - 2:00 p.m. Gunnison Clothing Project In alley West of N. 10th St. between Virginia & W Tomichi. Donations welcome.
- 10:30 a.m. Qigong with Heidi at Sanctary Somatics
- 12:00 p.m. Colorado Fitness: Boot Camp Blocks, Spartan Strong
- 4:00 p.m. Competitive Marbles Club at WSCU Chipeta Hall, Jerry 970-641-0944
- 4:00 p.m. Boxing training: Beginners age 9 & up, WSCU Mears Hall Basement Coach Tom 303-881-7778
- 5:30 p.m. Colorado Fitness: DVD Group Spin Ride
- 6:00 p.m. Celebrate Recovery Meetings, Oh Be Joyful Church, Crested Butte.
- 7:30 p.m. BINGO the Elks Lodge, Gunnison
- 7:00 - 7:45 p.m. Center for the Arts: Aerial Conditioning - Crested Butte Dance Collective 970-349-7487