

# Gunnison Valley Calendar

WHO?	WHAT?	WHEN?	WHERE?	WHY?	HOW?
<b>THIS WEEK ONLY October 17 - 24, 2018</b>					
<b>OCTOBER</b>					
17	3:00 PM -Gov. Higkenlooper to speak about his Outdoor Industry legacy and the future of the Outdoor Industry in CO, Western's University Center South Ballroom	20	the I Bar Ranch A Benefit for the CB Avalanche Center, Free Admission		
17	4:00 PM - Bill's Park Garden Close-down Day! Help Mountain Roots close down the community garden at Bill's Park and enjoy free Parker Pasture's BBQ! Bill's Park Community Garden, Gunnison	20	7:00 PM - Doom Ranch Haunted House I Bar Ranch		
17	5:30 PM -	20	8:00 PM - Peach Street Revival, Moonlight Music Series, GAC Black Box Theatre		
18	7:00 PM - Beneath Blue Mesa, The Gunnison River Valley before Blue Mesa, Presented by David Primus at Gunnison Library		10:00 PM - The Rocky Horror Picture Show, Elk Avenue at Second Street		
18	7:00 p.m. "Beirut" with the Crested Butte Film Festival at the Center for the Arts. 303-204-9080				
19	5:00 PM Katey Nelson Opening Artist Reception at the at the Center for the Arts Piper Gallery 970-349-7044.				
20	10:00 AM - Community Farm Close Down Day! 47068 E. Hwy 50, Gunnison, CO 81230				
20	11:00 AM - Funtober Fest, Riverwalk Estates, Kokanee Court, Gunnison				
20	4:00 PM - Pray For Snow - 1st annual Pray For Snow at				

WEEKLY HAPPENINGS:		
<p><b>Wednesday</b></p> <ul style="list-style-type: none"> <li>6:00 a.m. Colorado Fitness: Spin with Jane</li> <li>8:45 a.m. High Attitude Dance Academy - ZUMBA</li> <li>9:00 a.m. Vinyasa Yoga with Leia at Sanctuary Somatics</li> <li>9:30 a.m. Mah Jong at the Senior Center</li> <li>10:00 a.m. Jai Yoga: Gentle Yoga Therapy 320 1/2 N. Main Street www.gunnison-yoga.com</li> <li>10:15 a.m. Chair Yoga with Leia at Sanctuary Somatics</li> <li>12:00 p.m. Colorado Fitness: In"ten"sity and Stretch</li> <li>12:15 p.m. INSANITY LIVE's at WSCU Fieldhouse</li> <li>12:45 p.m. Bridge at the Senior Center</li> <li>1:00 - 4:00 p.m. Gunnison Country Food Pantry, 321 N. Main St #C, Gunnison. 970-641-4156.</li> <li>4:00 p.m. Colorado Fitness: Boot Camp Blocks, Bricks</li> <li>4:00 p.m. Boxing training: Beginners age 9 &amp; up. WSCU Mears Hall Basement Coach Tom 303-881-7778</li> <li>5:00 p.m. Project Hope host support groups for survivors of Relationship Violence every Wednesday for more information please call 970-641-2712.</li> <li>5:00 p.m. Wednesday Night Trap Shooting, Standard 16-yard and Handicap For directions to the range, see our website: <a href="http://www.gunnisonsportsmens.com">http://www.gunnisonsportsmens.com</a></li> <li>5:15 p.m. Buti Yoga with Tarah Niccoli-Taylor: GAC Dance Studio.</li> <li>5:15 p.m. - 6:15 p.m. PPD support group From . At the lighthouse pregnancy center. Please contact Laura for more details 805-708-2823 (5/23)</li> <li>5:30 p.m. Jai Yoga to relieve tension, 320 1/2 Main Street clinic Studio</li> <li>5:45 p.m. Colorado Fitness: Spin with Jennifer</li> <li>6:00 p.m. - English classes, Gunnison Community School 970-641-7684 (Monday &amp; Wednesday)</li> <li>6:00 p.m. GUIDED MEDITATION AND DHARMA talk at Here &amp; Now Center 115 S. Colorado St.</li> <li>6:00 p.m. Meditation with Heidi at Sanctuary Somatics</li> <li>7:00 p.m. GriefShare meets at Mt. Calvary Lutheran Church, 711 N. Main, Gunnison, Rodney Morrill 970-349-7769.</li> <li>7:15 p.m. Intergrated Vinyasa with Keela at Sanctuary Somatics</li> </ul> <p><b>Thursday</b></p> <ul style="list-style-type: none"> <li>6:00 a.m. Colorado Fitness: Total Body Conditioning W/ Debby</li> <li>8:00 - 8:45 a.m. Center for the Arts: Aerial Conditioning - Crested Butte Dance Collective 970-349-7487.</li> <li>8:00 a.m. Iyengar Yoga of Gunnison at The Main Street Clinic 320 N. Main</li> <li>8:30 a.m. English Classes, Gunnison Library 970-641-7684</li> <li>8:45 a.m. Colorado Fitness: Body Bar w/Erin</li> <li>8:45 a.m. Center for the Arts: Open Aerial Dance</li> <li>9:00 a.m. Intergrated Vinyasa with Karah at Sanctuary Somatics</li> <li>10:00 a.m. - 2:00 p.m. Senior's Day 65+, Gunnison Country Food Pantry, 321 N. Main St., #C, Gunnison. 970-641-4156.</li> <li>10:30 a.m. - Storytime at Gunnison Library</li> <li>12:00 p.m. Colorado Fitness: Boot Camp Bricks</li> <li>4:00 p.m. Boxing training:Beginners age 9 &amp; up WSCU Mears Hall Basement Coach Tom 303-881-7778</li> </ul>	<ul style="list-style-type: none"> <li>5:30 p.m. Main Street Studio: Pilates, 320 1/2 N Main St.</li> <li>5:30 p.m. Colorado Fitness: DVD Group Spin Ride</li> <li>5:30-7:00pm, GED prep classes, Gunnison Community School 970-641-7684</li> <li>6:30 p.m. Gunnison Political Revolutionat The Mall, 123 W. Tomichi</li> <li>6:30 - 8:00 p.m. Colorado Fitness: Lamaze. Call Ariel for details 970-275-3749.</li> </ul> <p><b>Friday</b></p> <ul style="list-style-type: none"> <li>6:00 a.m. Colorado Fitness: Boot Camp Blocks or Brick, Spartan Strong</li> <li>8:00 - 8:45 a.m. Center for the Arts: Aerial Conditioning - Crested Butte Dance Collective 970-349-7487.</li> <li>8:45 a.m. High Attitude Dance Academy: ZUMBA</li> <li>8:45 - 9:30 a.m. Center for the Arts: Open Aerial Dance - Crested Butte Dance Collective</li> <li>9:00 - 9:45 a.m.The Sanctuary: Joy of Movement w/Taylor.</li> <li>9:30 a.m. Mah Jong at the Senior Center</li> <li>12:00 p.m. - Colorado Fitness: Bleacher B*tches, Bleachers or DVD</li> <li>1:00 p.m. Seniors Mexican Train Dominoes at Boomers Room in the Gunnison Rec Center, more info. Leila 970-596-4570</li> </ul> <p><b>Saturday</b></p> <ul style="list-style-type: none"> <li>8:00 a.m. Iyengar Yoga of Gunnison at The Main Street Clinic 320 N. Main</li> <li>9:00 a.m. Kundalini Yoga with Dana at Sanctuary Somatics</li> <li>9:30 a.m. FREE Community Zumba w/ Baron at Colorado Fitness</li> <li>9:30 a.m. Alcoholics Anonymous, Women's.</li> <li>10:00 a.m. - 2:00 p.m. Gunnison Clothing Project In alley West of N. 10th St. between Virginia &amp; W Tomichi. Donations welcome.</li> <li>10:00 a.m. Seventh-day Adventist Church Saturday Praise and Worship Bible discussion &amp; kids programing 11:00 a.m. 77 Ute Lane, 970-209-7911 or 970-234-2336.</li> <li>10:30 a.m. Yoga en Espanol (gratiso) with Dana at Sanctuary Somatics</li> </ul> <p><b>Sunday</b></p> <ul style="list-style-type: none"> <li>9:00 AM Sunday mornings at the Sanctuary! Jennie with Rockin Flow</li> <li>10 AM - 2 PM Crested Butte Farmer's Market Opens for the Summer Sundays Elk Ave., CB (10/7)</li> <li>10:00 a.m. Gunnison Congregational Church, United Church of Christ. 101 N. 8th Street. For information 970-641-3203.</li> <li>10:30 AM Sunday mornings at the Sanctuary! Jennie with delicious slow flow</li> </ul> <p><b>Monday</b></p> <ul style="list-style-type: none"> <li>6:00 a.m. Colorado Fitness: Spin w/Krista</li> <li>7:00 a.m. Main Street Studio: Early Bird RedCord suspension training class. <a href="http://westernpilates.net">westernpilates.net</a></li> <li>8:05 a.m. Jim Kirshner from 580 KUBC in Montrose is talking to area residents from Montrose, Delta &amp; Gunnison counties on agriculture related topics.</li> <li>8:30 - 9:00 a.m. Morning Meditation w/Leia, The Sanctuary</li> <li>8:00 a.m. Main Street Studio: RedCord Suspension training.</li> <li>8:45 a.m. High Attitude Dance Academy - ZUMBA</li> <li>9:30 a.m. Mah Jong at the Senior Center</li> <li>10:00 a.m. Jai Yoga: Gentle Yoga Therapy 320 1/2 N. Main</li> </ul>	<p>Street <a href="http://www.gunnison-yoga.com">www.gunnison-yoga.com</a></p> <ul style="list-style-type: none"> <li>12:00 p.m. - Colorado Fitness: Abs &amp; Buns w/ Jane</li> <li>12:15 p.m. Main Street Studio: Express Core Workout</li> <li>12:45 p.m. Bridge at the Senior Center</li> <li>2:00 p.m. Free Meditation For All with Virignia at Sanctary Somatics</li> <li>4:00 p.m. Colorado Fitness: Boot Camp Bricks Or Bleacher B*tches, Spartan Strong</li> <li>4:00 p.m. Boxing training: Beginners age 9 &amp; up WSCU Mears Hall Basement Coach Tom 303-881-7778</li> <li>4:15 p.m. Mellow Monday with Meegan at Sanctuary Somatics</li> <li>5:15 p.m. High Attitude Dance Academy - ZUMBA</li> <li>5:45 p.m. Colorado Fitness: Spin with Brandi</li> <li>5:45 p.m. Kundalini Yoga with Jani Pulaskiat Sanctary Somatics</li> <li>6:00 p.m.- English classes, Gunnison Community School 970-641-7684 (Monday &amp; Wednesday)</li> <li>6:00 p.m., YOGA TECHNIQUE &amp; FLOW with Stacy Fuller Taylor Hall room #117 (4/16/18)</li> <li>1:00 p.m. - 4:00 p.m. Gunnison Country Food Pantry, 321 N. Main St #C, Gunnison. 970-641-4156.</li> <li>5:30 p.m. Jai Yoga to relieve tension, 320 1/2 Main Street clinic Studio</li> <li>6:00 - 8:00 p.m. English classes: Gunnison Elementary School, CAFE 970-641-7684.</li> </ul> <p><b>Tuesday</b></p> <ul style="list-style-type: none"> <li>6:00 a.m. Colorado Fitness: Boot Camp Bricks or Blocks, bricks</li> <li>7:00 a.m. Iyengar Yoga of Gunnison at The Main Street Clinic 320 N. Main</li> <li>8:30 a.m. English Classes, Gunnison Library 970-641-7684</li> <li>8:45 a.m. Colorado Fitness: Spin w/Travis</li> <li>9:00 a.m. Intergrated Vinyasa with Karah at Sanctuary Somatics</li> <li>10:00 a.m. Parent &amp; Toddler Morning Gardening Class from Mountain Roots. in Bill's Park Georgia &amp; 14th</li> <li>10:00 a.m. - 2:00 p.m.Gunnison Clothing Project In alley West of N. 10th St. between Virginia &amp; W Tomichi. Donations welcome.</li> <li>10:00am - Storytime at Gunnison Library</li> <li>10:30 a.m. Qigong with Heidi at Sanctuary Somatics</li> <li>12:00 p.m. Colorado Fitness: Boot Camp Blocks, Spartan Strong</li> <li>4:00 p.m. Competitive Marbles Club at WSCU Chipeta Hall, Jerry 970-641-0944</li> <li>4:00 p.m. Boxing training: Beginners age 9 &amp; up, WSCU Mears Hall Basement Coach Tom 303-881-7778</li> <li>5:30 p.m. Colorado Fitness: DVD Group Spin Ride</li> <li>5:30 p.m., GED prep classes, Gunnison Community School 970.641.7684</li> <li>6:00 p.m. Celebrate Recovery Meetings, Oh Be Joyful Church, Crested Butte.</li> <li>7:30 p.m. BINGO the Elks Lodge, Gunnison</li> <li>7:00 - 7:45 p.m. Center for the Arts: Aerial Conditioning - Crested Butte Dance Collective 970-349-7487</li> </ul>