

Gunnison Valley Calendar

Who? What? When? Where? Why? How?

THIS WEEK ONLY January 16 - 23 2019

16	9:00 AM - Munchkin's Music class, Fitness Room, Town Hall: 507 Maroon, CB	21	5:30 PM - Craft Your Bio & Photo, TBD		Thursday Night Bar (legal advice clinic), First Thursday of each month at the New location: GUNNISON LIBRARY, 307 N. Wisconsin, Gunnison, 5:30 p.m. Call Ellen for info. 970-641-7999
16	5:30 PM - American Legion Post 54 Monthly Meeting, Legion Building, 501 E. Virginia Ave., Gunnison	21	6:30 PM - Adult Aerial, GAC Dance Studio		Support Group for Neuropathy, 1st Tuesday of the Month 1:00 p.m. at Church of Nativity
17	9:00 AM - Munchkin's Music classes, High Attitude Dance Academy, Gunnison	22	10:15 AM - Creative Play: Theatre, Ages 0 - 4, GAC Black Box Theatre		Philosophy on tap Discussion Group, 1st Wednesday Monthly Topic & Venue TBA monthly. Brought to you by Crested Butte Library & The Gunnison Library
17	10:00 AM - Tumblebugs, Jerry's Gym, Town Hall, CB	22	4:30 PM - Comic Book/Sequential Arts, Ages 13+ GAC Arts Studio		MOPS (Mothers of Preschoolers) 2nd & 4th Wednesdays of the month, 9:00 -11:00 AM & 7:00 - 8:30 PM, Webster Hall gunnisonmops@gmail.com
17	5:30 PM - Stone Soup - Improvisational, TBD	22	5:30 PM - CB/Mt CB January Business After Hours, Co-Hosts: Integrative Dentistry, Creative Caterin 525 Red Lady Ave #142		Coffee with the Community at Gunnison Library 8:30 - 10:00 a.m.
17	6:00 PM - Acrylics & Pours, AND Series Event, Gunnison Arts Center 102 S. Main St. Gunnison	22	6:00 PM - Share the Slate Annual Meeting, Talk of the Town, CB		TAIZE SERVICE is held the 1st Wednesday of the Month. 7:00 p.m. Church of the Good Samaritan, 307 West Virginia.
18	AIARE REC 1 COURSE - LADIES ONLY, 330 Belleview Ave	22	7:30 PM - Intermediate Adult Tap, GAC Dance Studio		Socrates Café discussion group - Discuss. Think. Ponder. Join the Gunnison Library for its monthly philosophical discussion. 2nd Wednesday of the month. Topics change on a monthly basis. All are welcome.
18	AIARE REC 2 COURSE - Monarch, Monarch Mountain Lodge	22	8:00 PM - Sam Bush, Center for the Arts, 606 6th St., CB		Alzheimer's Association - 4th Tuesday of the month from 12:00-1:00, support groups/ educational programs at the senior center/ rec center.
18	6:00 PM - Celebrate Recovery Large Group Meeting, Bethany Church	23	4:15 PM - Youth Ballet/Tap, Ages 7 - 12, GAC Dance Studio		Fourth Wednesday of each month Book Discussion Group "Reading for Justice" Gunnison Congregational Church Office
19	4:00 PM - Crested Butte 3rd Annual Women's March Honoring Ruth Bader Ginsberg, The 4-Way Stop, CB	23	5:15 PM - Barre Sculpt, GAC Dance Studio		Knights of Columbus will meet the 2nd and 4th Tuesday of every month at Parish Hall
19	5:00 PM - ArtWalk Evenings, Explore the Art World of CB!	23	5:30 PM - Fat Bike World Championships Kick Off Party, check-in for the races and have a beer! Brick Oven Pizzeria		The American Legion, 501 E. Virginia Ave., meets every 3rd Wednesday of the month 6:00 p.m. Claire 209-6042, Ed 970-596-7883.
19	8:00 PM - Avenhart, Moonlight Music Series GAC Black Box Theatre, Gunnison	23	6:30 PM - Steezy Hip Hop, Ages 9 - 12, GAC Dance Studio		The Literary Salon Series occurs the last Tuesday of every month. 6:00 PM At the Eldo.
20	9:00 AM - Creative Writing Taster Series - Write Your Way Forward, TBD		7:30 PM - Adult Jazz, GAC Dance Studio		
20	3:00 PM - Paint Your Own Pottery, The Art Studio, 111 Elk Ave.				
20	5:00 PM - Full Moon, At Ten Peaks, Umbrella Bar				
21	4:15 PM - Youth Ballet/Tap, Ages 4 - 6 at GAC Dance Studio				
21	5:15 PM - Shorty Hip Hop, Ages 5 - 8 GAC Dance Studio				

DAILY

- Alcoholics Anonymous, Open, Wednesdays, 7:00 p.m. 114 N Wisconsin, Gunnison, aawesterncolorado.org
- Alanon/Alateen Crested Butte, 7:00 p.m. Wednesdays, The UCC Church Parlor, 403 Maroon Ave. Crested Butte alanon.org

MONTHLY

- TALK TO A LAWYER FOR FREE: Colorado Legal Services -

WEEKLY HAPPENINGS:

- 6:00 a.m. Colorado Fitness: Spin with Jane
- 8:45 a.m. High Attitude Dance Academy - ZUMBA
- 9:30 a.m. Mah Jong at the Senior Center
- 10:00 a.m. Jai Yoga: Gentle Yoga Therapy 320 1/2 N. Main Street www.gunnison-yoga.com
- 10:15 a.m. Chair Yoga to say Yoga for Active Seniors
- 12:00 p.m. Colorado Fitness: In'ten'sity and Stretch
- 12:15 p.m. INSANITY LIVE's at WSCU Fieldhouse
- 12:45 p.m. Bridge at the Senior Center
- 1:00 - 4:00 p.m. Gunnison Country Food Pantry, 321 N. Main St #C, Gunnison. 970-641-4156.
- 4:00 p.m. Colorado Fitness: Boot Camp Blocks, Bricks
- 4:00 p.m. Boxing training: Beginners age 9 & up. WSCU Mears Hall Basement Coach Tom 303-881-7778
- 4:15 p.m. - Ballet/Tap Combo ~ (Ages 7 - 12) GAC Dance Studio, Instructor: Abby Owen (3/6)
- 5:00 p.m. Project Hope host support groups for survivors of Relationship Violence every Wednesday for more information please call 970-641-2712.
- 5:00 p.m. Wednesday Night Trap Shooting, Standard 16-yard and Handicap For directions to the range, see our website: <http://www.gunnisonsportsmens.com>
- 5:15 p.m. - Barre Sculpt, GAC Dance Studio, Instructor: Alexandria Rodriguez.(3/6)
- 5:30 p.m. Jai Yoga to relieve tension, 320 1/2 Main Street clinic Studio
- 5:45 p.m. Colorado Fitness: Spin with Jennifer
- 6:00 p.m. - English classes, Gunnison Community School 970-641-7684 (Monday & Wednesday)
- 6:00 p.m. GUIDED MEDITATION AND DHARMA talk at Here & Now Center 115 S. Colorado St.
- 6:00 p.m. Meditation with Heidi at Sanctuary Somatics
- 6:30 p.m. - Steezy Hip Hop ~ (Ages 9 - 12), GAC Dance Studio. Instructor: Abby Owen. \$80/student, \$150/both sessions. (3/6)
- 7:00 p.m. GriefShare meets at Mt. Calvary Lutheran Church, 711 N. Main, Gunnison, Rodney Morrill 970-349-7769.
- 7:30 p.m. - Adult Jazz, GAC Dance Studio. Instructor: Abby Owen. (3/6)
- 8:00 a.m. Colorado Fitness: Total Body Conditioning W/ Debby
- 8:00 a.m. Iyengar Yoga of Gunnison at The Main Street Clinic 320 N. Main
- 8:30 a.m. English Classes, Gunnison Library 970-641-7684
- 8:45 a.m. Colorado Fitness: Body Bar w/Erin
- 8:45 a.m. Center for the Arts: Open Aerial Dance
- 9:00 a.m. Intergrated Vinyasa with Karah at Sanctuary Somatics
- 9:00 AM - Morning Yoga with Leia at the Gunnison Arts Center
- 10:00 a.m. - 2:00 p.m. Senior's Day 65+, Gunnison Country Food Pantry, 321 N. Main St., #C, Gunnison. 970-641-4156.
- 10:30 a.m. - Storytime at Gunnison Library
- 12:00 p.m. Colorado Fitness: Boot Camp Bricks
- 12:15 PM - Lunchtime Yoga with Leia at the GAC
- 4:00 p.m. Boxing training:Beginners age 9 & up WSCU Mears Hall Basement Coach Tom 303-881-7778
- 5:30 p.m. Main Street Studio: Pilates, 320 1/2 N Main St.
- 5:30 p.m. Colorado Fitness: DVD Group Spin Ride
- 5:30-7:00pm, GED prep classes, Gunnison Community School 970-641-7684
- 6:30 p.m. Gunnison Political Revolutionat The Mall, 123 W. Tomichi
- 6:30 - 8:00 p.m. Colorado Fitness: Lamaze. Call Ariel for details 970-275-3749.
- 6:30 PM - Women's Step Study Bethany Church
- 6:45 p.m. - High Altitude Masters Swimmers (HAMS) / Swim at REC Center
- Friday**
- 6:00 a.m. Colorado Fitness: Boot Camp Blocks or Brick, Spartan Strong
- 8:45 a.m. High Attitude Dance Academy: ZUMBA
- 8:45 - 9:30 a.m. Center for the Arts: Open Aerial Dance - Crested Butte Dance Collective
- 9:30 a.m. Mah Jong at the Senior Center
- 12:00 p.m. - Colorado Fitness: Bleacher B*tches, Bleachers or DVD
- 1:00 p.m. Seniors Mexican Train Dominoes at Boomers Room in the Gunnison Rec Center, more info. Leila 970-596-4570
- Saturday**
- 8:00 a.m. Iyengar Yoga of Gunnison at The Main Street Clinic 320 N. Main
- 9:00 a.m. Kundalini Yoga with Dana at Sanctuary Somatics
- 9:30 a.m. FREE Community Zumba w/ Baron at Colorado Fitness
- 9:30 a.m. Alcoholics Anonymous, Women's.
- 10:00 a.m. - 2:00 p.m. Gunnison Clothing Project In alley West of N. 10th St. between Virginia & W Tomichi. Donations welcome.
- 10:00 a.m. Seventh-day Adventist Church Saturday Praise and Worship Bible discussion & kids programming 11:00 a.m. 77 Ute Lane, 970-209-7911 or 970-234-2336.
- 10:30 a.m. Yoga en Espanol (gratiso) with Dana at Sanctuary Somatics
- Sunday**
- 9:00 AM Sunday mornings at the Sanctuary! Jennie with Rockin Flow
- 10 AM - 2 PM Crested Butte Farmer's Market Opens for the Summer Sundays Elk Ave., CB (10/7)
- 10:00 a.m. Gunnison Congregational Church, United Church of Christ. 101 N. 8th Street. For information 970-641-3203.
- 10:30 AM Sunday mornings at the Sanctuary! Jennie with delicious slow flow
- Monday**
- 6:00 a.m. Colorado Fitness: Spin w/Joellen
- 7:00 a.m. Main Street Studio: Early Bird RedCord suspension training class. westernpilates.net
- 8:05 a.m. Jim Kirshner from 580 KUBC in Montrose is talking to area residents from Montrose, Delta & Gunnison counties on agriculture related topics.
- 8:30 - 9:00 a.m. Morning Meditation w/Leia, The Sanctuary
- 8:00 a.m. Main Street Studio: RedCord Suspension training.
- 8:45 a.m. High Attitude Dance Academy - ZUMBA
- 9:30 a.m. Mah Jong at the Senior Center
- 10:00 a.m. Jai Yoga: Gentle Yoga Therapy 320 1/2 N. Main Street www.gunnison-yoga.com
- 12:00 p.m. - Colorado Fitness: Abs & Buns w/ Jane
- 12:15 p.m. Main Street Studio: Express Core Workout
- 12:45 p.m. Bridge at the Senior Center
- 1:00 p.m. - 4:00 p.m. Gunnison Country Food Pantry, 321 N. Main St #C, Gunnison. 970-641-4156.
- 2:00 p.m. Free Meditation For All with Virginia at Sanctuary Somatics
- 4:00 p.m. Colorado Fitness: Boot Camp Bricks Or Bleacher B*tches, Spartan Strong
- 4:00 p.m. Boxing training: Beginners age 9 & up WCU Mears Hall Basement Coach Tom 303-881-7778
- 4:15 p.m. Mellow Monday with Meegan at Sanctary Somatics
- 4:15 p.m. - Ballet/Tap Combo ~ (Ages 4 - 6) GAC Dance Studio, Instructor: Alexandria Rodriguez.(3/4)
- 5:15 p.m. High Attitude Dance Academy - ZUMBA
- 5:15 p.m. - Shorty Hip Hop ~ (Ages 5 - 8) GAC Dance Studio, Instructor: Alexandria Rodriguez.(3/4)
- 5:30 p.m. Jai Yoga to relieve tension, 320 1/2 Main Street clinic Studio
- 5:45 p.m. Colorado Fitness: Spin with Brandi
- 5:45 p.m. Kundalini Yoga with Jani Pulaskiat Sanctary Somatics
- 5:45 p.m. - High Altitude Masters Swimmers (HAMS) / Swim at REC Center
- 6:00 p.m.- English classes, Gunnison Community School 970-641-7684 (Monday & Wednesday)
- 6:00 p.m., YOGA TECHNIQUE & FLOW with Stacy Fuller Taylor Hall room #117 (4/16/18)
- 6:00 - 8:00 p.m. English classes: Gunnison Elementary School, CAFE 970-641-7684.
- 6:30 p.m. - Adult Aerial Conditioning, GAC Dance Studio, Instructor: Alexandria Rodriguez.(3/4)
- Tuesday**
- 6:00 a.m. Colorado Fitness: Boot Camp Bricks or Blocks, bricks
- 7:00 a.m. Iyengar Yoga of Gunnison at The Main Street Clinic 320 N. Main
- 8:30 a.m. English Classes, Gunnison Library 970-641-7684
- 8:45 a.m. Colorado Fitness: Spin w/Travis
- 9:00 a.m. Intergrated Vinyasa with Karah at Sanctuary Somatics
- 10:00 a.m. Parent & Toddler Morning Gardening Class from Mountain Roots. in Bill's Park Georgia & 14th
- 10:00 a.m. - 2:00 p.m. Gunnison Clothing Project In alley West of N. 10th St. between Virginia & W Tomichi. Donations welcome.
- 10:00 a.m. - Storytime at Gunnison Library
- 10:15 a.m. - Creative Play ~ (Ages 0 - 4) GAC Dance Studio. Instructor: Heather Hughes.(3/5)
- 10:30 a.m. Qigong with Heidi at Sanctuary Somatics
- 12:00 p.m. Colorado Fitness: Boot Camp Blocks, Spartan Strong
- 12:15 PM - Lunchtime Yoga with Leia at the GAC
- 4:00 p.m. Competitive Marbles Club at WCU Chipeta Hall, Jerry 970-641-0944
- 4:00 p.m. Boxing training: Beginners age 9 & up, WSCU Mears Hall Basement Coach Tom 303-881-7778
- 4:30 p.m. - Comic Books/Sequential Arts ~ (Ages 13 +) GAC Kids Art Studio. Instructor: Spencer Musser(2/26)
- 5:30 p.m. Colorado Fitness: DVD Group Spin Ride
- 6:00 p.m. Celebrate Recovery Meetings, Oh Be Joyful Church, Crested Butte.
- 6:00 PM - Men's Step Study Bethany Church
- 6:30 PM - Women's Step Study Bethany Church
- 7:00 PM - AA mtg in CB SOUTH! Sunset Hall next to fire station, 349 Teocalli.
- 7:30 p.m. BINGO the Elks Lodge, Gunnison
- 7:30 p.m. - Intermediate Adult Tap, GAC Dance Studio (3/5)